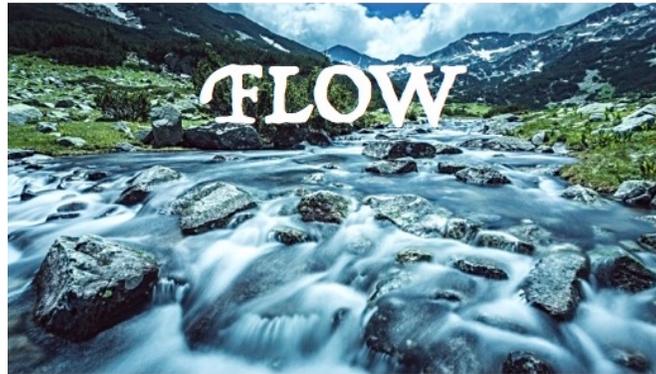


#20 March 28, 2017



## Life - A Blessing

by Kara Helland

Why is life important? I feel like this question is one that a lot of people struggle with, especially unbelievers. We compare, offend, and disrespect those around us and we, in turn, receive the same back. Which leads to us questioning, why is my life important? People get stuck on the fact that to answer that question you have to realize it isn't about us. It's about God. When we take a look at why God believes life is beautiful and significant, we can answer our own questions about why our life is beautiful and significant as well.

So, why is life important to God? John 11:25-26 makes this quite clear:

*“Jesus said to her, **“I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?”**”*



Jesus is life. He created it and rejoices in it. That in itself is outstanding, yet He chose to take it a step further by defeating death.

Romans 8:11 says: *"If the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you."*

So, not only did He create this wonderful thing called life, He also is life, defended life by destroying death, and even extended life to us.

Check out what Romans 6:23 says: *"For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord."*

Deuteronomy 30:19-20: *"This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live and that you may love the Lord your God, listen to his voice, and hold fast to him. For the Lord is your life, and he will give you many years in the land he swore to give to your fathers, Abraham, Isaac and Jacob"*

I love this verse because it implies in verse 19 that life is a blessing and death is a curse. Later on in verse 20 it is clear in saying: *"For the Lord is your life."*

In conclusion, life is important because God created it, He protects it, and He gives it to us as a free gift, a true blessing.

**Questions:**

- How can knowing that life is a blessing change the way you live each day?
- What can you do to live your life the way the Lord intended?

**Extra verses:**

Proverbs 14:27

Romans 5:10

1 John 5:13

*"Go forth today, by the help of God's Spirit, vowing and declaring that in life, come poverty, come wealth, and in death, come pain or come what may, you are and ever must be the Lord's. For this is written on your heart, 'We love Him because He first loved us.'"*

Charles H. Spurgeon